

**Family and Consumer Sciences**  
**Course: Teen Living**  
**Course Code # 0839**  
**\_\_\_\_\_ 1 Credit**

School Year \_\_\_\_\_

Term: \_\_\_\_ Fall \_\_\_\_ Spring

Student:	Grade:
Teacher:	School:
Number of Competencies in Course: <b>34</b>	
Number of Competencies Mastered:	
Percent of Competencies Mastered:	

**Standard 1.0 Students will demonstrate leadership, citizenship, and teamwork skills required for success in the preteen and teen years.**

Learning Expectations		Check the appropriate Mastery or Non-Mastery column	Mastery	Non-Mastery
1.1	Describe characteristics of a good citizen during the adolescent years.			
1.2	Explain the roles of leaders and followers.			
1.3	Demonstrate teamwork skills that enhance family, school and community life.			

**Standard 2.0 Students will recognize factors that affect individual growth and development in areas related to self-understanding, personal decision making, communication and interpersonal relationships.**

Learning Expectations		Check the appropriate Mastery or Non-Mastery column	Mastery	Non-Mastery
2.1	Analyze the developmental tasks for adolescence in relation to self.			
2.2	Discuss how personal values, goals, needs, and wants influence an individual's attitude, beliefs and behavior.			
2.3	Demonstrate the application of the decision making process as it relates to adolescent issues.			
2.4	Analyze factors important in establishing successful relationships with family members, peers and others within the school and community.			
2.5	Discuss the role of positive communication methods in interpersonal relationships.			

**Standard 3.0 Students will analyze the significance of the family and its impact on the well-being of individuals and society.**

Learning Expectations		Check the appropriate Mastery or Non-Mastery column	Mastery	Non-Mastery
3.1	Describe the various types of families.			
3.2	Explain the functions of the family.			
3.3	Identify roles and responsibilities of individual family members as they relate to family, school, and community.			
3.4	Explain how family relationships affect personal development.			
3.5	Analyze factors influencing parent-child relationships.			
3.6	Examine methods of coping with personal and family crisis.			

**Standard 4.0 Students will demonstrate knowledge, skills, practices required for management of human and economic resources.**

Learning Expectations		Check the appropriate Mastery or Non-Mastery column	Mastery	Non-Mastery
4.1	Analyze ways to manage resources effectively.			
4.2	Examine factors that influence consumer choices.			
4.3	Relate consumerism to personal financial planning, use of credit, and purchasing behavior.			
4.4	Evaluate the use of technology at home, at school and in the workplace.			
4.5	Evaluate advertising techniques according to positive and negative influences.			

**Standard 5.0 Students will demonstrate the use of effective management practices relating to personal habits and living environments.**

Learning Expectations		Check the appropriate Mastery or Non-Mastery column	Mastery	Non-Mastery
5.1	Develop a plan for achieving good personal appearance.			
5.2	Describe factors that help achieve physical wellness.			
5.3	Demonstrate methods in managing the living environment.			

**Standard 6.0 Students will demonstrate good nutrition practices that promote personal well-being across the life span.**

Learning Expectations		Check the appropriate Mastery or Non-Mastery column	Mastery	Non-Mastery
6.1	Evaluate factors that influence personal nutrition and eating habits across the life span.			
6.2	Relate the role of good nutrition to well-being and achievement.			
6.3	Explain how to choose a well-balanced diet.			
6.4	Discuss food safety and sanitation procedures used in the kitchen.			
6.5	Demonstrate table setting rules and meal etiquette.			
6.6	Evaluate food label information and food costs.			

**Standard 7.0 Students will describe child-care practices that promote development.**

Learning Expectations		Check the appropriate Mastery or Non-Mastery column	Mastery	Non-Mastery
7.1	Examine responsibilities of caregivers for children.			
7.2	Evaluate safety practices that are important when caring for children.			
7.3	Examine developmental principles and appropriate practices influencing the growth of children.			

**Standard 8.0 Students will evaluate personal interests, traits, abilities, and goals in relation to future career and occupational opportunities.**

Learning Expectations		Check the appropriate Mastery or Non-Mastery column	Mastery	Non-Mastery
8.1	Analyze the value of developing and applying work skills to self, family, and community.			
8.2	Assess personal interests, traits, abilities, and goals that will influence career exploration.			
8.3	Identify career and job opportunities in family and consumer sciences.			

Additional comments: \_\_\_\_\_

